



# Food Insecurity Video Discussion Guide

## ***Introduction: Prior to Viewing-***

- Present the need (Stats for Pierce and St Croix here)
- Introduce Lesley, who represents the idea of the working poor, ALICE (insert definition or image)

## ***Viewing: As You Watch-***

- Think about the steps Lesley is taking to provide for her family.
- What roadblocks does she run into in meeting the needs of her family?
- What food resources are helping Lesley provide for her family?

## ***After the Viewing: What Can Be Done?***

### **Donate:**

- **Food**– Donate safe, high quality, nutritious food.
- **Money**– For every \$1 donated, pantries can purchase \$4-7 worth of food.
- **Time**– Most pantries are eager to accept new volunteers.

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Healthier  
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Pierce County  
St. Croix County

# Food Insecurity Video Facilitation Guide

## Commonly Asked Questions and Answers

⇒ ***How is possible that we have individuals working two jobs, or dual-income families, who are still food insecure?***

Though every household situation varies, often this is due to a combination of factors, including low wage jobs, high rent, and family demands and expenses, including dependents.

⇒ ***How do food pantries leverage food dollars?***

Food pantries are able to buy food from food banks, who receive large donations from corporation with overstocked products. Food pantries also receive food from local sources who have excess, but not outdated, food to donate.

⇒ ***What is SNAP?***

SNAP stands for Supplemental Nutrition Assistance Program. FoodShare is Wisconsin's name for the federal food stamp program.

⇒ ***How can I help?***

Find your local pantry, and donate food, money, and/or time.  
(Food Resource Directory)

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