

Healthier Together – Pierce & St. Croix Counties	Meeting Date : January 21, 2016, 9 AM – 10:30 AM
Facilitator: Kelly Appeldorn & Deb Lindemann	Recorder: Ruth Lehmann
Location: St. Croix Services Center – 1752 Dorset Lane, New Richmond	

Topic	Information/Discussion	Conclusions/Action
1. Welcome & Introductions	Intros with each member shared updates on their programs.	
2. What's happening 2014 -2016 CHNA Implementation Plans: <ul style="list-style-type: none"> ○ St. Croix <ul style="list-style-type: none"> ○ Physical Activity ○ Healthy Foods ○ Oral Health ○ Pierce <ul style="list-style-type: none"> ○ Physical Activity ○ Health Foods 	<p>Still working on 2014-2016 CHIP (Community Health Improvement Plan)</p> <p>2016 community health needs assessment (CHNA) for our next CHIP underway.</p> <p>Physical Activity—Teresa: meeting on the 26th at 2:30. Most of the afterschool activities will be kicking off; each area has an afterschool activity for 4-6 weeks, most run through community education. Some are working on pedometer checks. Some members are on the bike planning committee. Completed the walk to school program and now working on biking to school. Christina Monsour managing the Community Opportunity Grant for Pierce and SCC to enhancing school physical activity to include baseline evaluations using pedometers at 8/10 schools, mostly 5th graders. 5 schools in Pierce Co.—haven't heard back from RF and 4 in SCC—Somerset opted out and waiting to hear from New Richmond. Christina in process of collecting the data and then later in Feb or March will do some training with the schools and implementing the grant. Schools get a small amount of funding to support their efforts.</p> <p>Healthy Foods: Kelly, food pantry improvements and Healthy Wisconsin Leadership Institute; working on infrastructure support and networking with the pantries; ongoing process at this time. Will be working on a short, 5 minute video with a professional videographer, possibly on food insecurity.. Possibly can share at our next meeting here, a legislative meeting, etc. Have been interviewing low income families and food pantries to see what issues they are concerned about. Initially working with 5 Loaves for a pantry makeover as they make preparations to moving to the old Family Dollar store. Farmer market is established at Westfield's and St. Croix County Services Center started one this past summer.</p>	<p>Link more groups into the Community Opportunity Grant (Active Schools Core 4+); maybe getting Brandi linked into this for more connections and need someone to help with the pedometers. Kelly to request Christina to send out the work plan so Kelly can then send to the group with the minutes. Jen Monson from Somerset stated she could help promote also.</p> <p>Teresa asked if we are tying the school wellness policies into the healthy food task force objective and Christina Monsour has collected all. The problem is that there is no positive motivation to follow the policies or any incentives to do that. The grant requires Healthier Together to implement two policy changes.</p> <p>Community Opportunity Grant includes each school representative to work on implementing at least two strategies at each of their schools related to the Core 4 + strategies.</p> <p>Discussion ensued over what happened to the data that was collected from the family surveys, (through HealthPartners) that was supposed to be analyzed? Kelly will send out slide deck with minimal results.</p> <p>There will be another new go around in January/February.</p>

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	<p>EBT machines are being worked on by Karyn English. Kelly and Natasha are continuing to work with the schools, specifically on school celebrations and fundraisers. Heather Prigge is making headway regarding lactation worksites, specifically the daycares and Baldwin Area Medical Center.</p> <p><u>Oral Health</u>: The Oral Health coalition developed a pamphlet for the 5th grade health classes. Two schools elected to use the information. The remaining schools will be contacted to see if they wish to include it in their curriculum. The coalition applied for a Medica grant which they did not receive. The coalition contacted the Hospitals and all of them were generous enough to contribute to the back pack program, with each hospital covering the school district in the hospital's area. The toothbrushes were packed and delivered the week of January 18th. "Give Kids a Smile" fliers went out with the oral health newsletters the beginning of January. The fliers of participating dentists went to the schools in which the dentists would accept children. Families need to make appointments for the beginning of February.</p> <p><u>HEAL objectives</u> (Pierce Co.)—what happened with the blue bikes? Will the program continue in the spring, in RF, to use freely for recreation or getting to work? In the past they have been located at 4 different sites, including one at UWRF Amy Hess has left her job at Pierce Co so there is a missing connection for breastfeeding coalition. Also, what work is being done on the trails; Rotary helped with signage.</p>	
<p>3. Looking Forward:</p> <ul style="list-style-type: none"> • 2016 CHNA Health Priorities • Discuss ideas for Community input, focus groups, etc • Discuss merging of 2014-2016 and 2017-2019 implementation 	<p>2016 Community Health Needs Assessment continues. 3 stakeholder meetings have been completed and discussed with the following 3 priorities coming to the top for the two counties.</p> <p>--Mental health</p> <p>--Overweight/obesity (physical activity)</p> <p>--Alcohol Abuse</p> <p>Some overlap in the overweight/obesity problem in that it</p>	<p>2016 is a difficult year since we are finishing up past objectives, and yet we now have to move forward.</p> <p>Healthier Together has been in existence since 2008. First plan was 5 years and we're currently in a 3 year plan. With the shorter time span and the combination of counties and objectives it will be a more difficult process.</p> <p>The current merging of 2 counties and all the hospitals into the same goals is a big undertaking for 2017-2019 Healthier</p>

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plans/task forces	<p><i>might</i> include physical activity, and possibly healthy foods.</p> <p>How to go forward/proceed over the next year?</p> <p>Slides were presented on St. Croix County data as examples of what is found on the H.T. website—slides will be attached to these minutes.</p>	<p>Together.</p> <p>We will launch phase two of the CHNA process shortly. The work of phase two is to take the 3 health issues identified and develop an action plan to address those issues. During phase two, we will be looking at additional data and having additional conversations with community members. The purpose of these additional conversations will be to do a “deep dive” on the health issues identified, to better understand how these issues play out in our region and what interventions we may want to consider.</p> <p>Deb asks, what can we realistically expect that we can work on and where can we make an impact? There is some overlap with mental health and alcohol abuse.</p> <p>Karyn suggested that we have partners overlap in each of the group. Heather stated let’s not try to create more work and the most important thing is to talk to the groups already working in those areas and look at the work that’s already been started. Look at our capacity to work on these issues. Kelly stated we should coordinate with law enforcement and other teams we currently work with. Data packets are available under the 2016 CHNA on the Healthier Together website if you are needing more data for other programs http://www.healthiertogetherstcroix.org/</p> <p>The community has told us what they want us to work on. So these are the new priorities.</p> <p>We still work on healthy foods, oral health and it may not be in the Healthier Together work plan but the work can still continue.</p> <p>How to get good feedback on the three new priorities? What can hospitals, PH do to help in this capacity?</p> <p>Not to forget what we are currently working on but how to move forward...let Deb and Kelly know.</p>
4. Upcoming Meetings	Proposed Dates: 3 rd Thursday every other month: March 17, 2016.	Current meeting times conflicts with meetings and how to pick appropriate dates for the rest of the year. For now the

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	<ul style="list-style-type: none">• Change times – conflicts with Success by 6• Future kickoff fully merging St. Croix and Pierce County collaboration.	next meeting is Monday, March 21 st , 0830 at Hudson Hospital. Suggested using the outlook meeting invite.