

Healthier Together – Pierce & St. Croix Counties	Meeting Date : November 19, 2015, 9 AM – 10:30 AM
Facilitator: Kelly Appeldorn & Deb Lindemann	Recorder: Sharon Reyzer
Location: Hudson Hospital – Walnut Conference Room (Near Cafeteria)	

Topic	Information/Discussion	Conclusions/Action
1. Welcome & Introductions	Kelly welcomed all in attendance.	Introductions conducted.
2. Introduce Christina Monsour, Project Coordinator for the Community Opportunity Grant	Christina shared details of the grant. Discussion on utilizing the partners that each Healthier Together members have to assist with connections and partnerships.	Christina shared details about the grant. She will be working with 5 Pierce county schools and 5 SCC schools. The focus will be for the elementary schools and the 4th-5 th grade. She has contacted the schools and heard back from several. Monday she is starting to conduct evaluations, and gathering baseline data. She will then organize focus groups at the school to continue to gather information and data. Her goal is to make the 4 Core Plus program easy for the school staff to help with participation and buy in. She has heard positive feedback from staff about the program thus far. She is using the 4 Core plus program to increase physical activity at schools. She is hoping the school will increase physical activities. Those in attendance shared the importance of using HT members and their connections. Christina is building on the connections and relationships Kelly has established. Grant program will run until Feb 2017. The schools do get a stipend for participating.
3. Updates: HEAL and Healthier Together Task Forces	Discussion on the future logistics for HT and HEAL. Amy Hess from Pierce county has left and that position is not filled.	<p>Healthy Eating Active Living (HEAL). Kelly shared that we do have some projects that will continue to be worked on in each task force, but going forward we will be working on projects together under Healthier Together. Kelly has the HEAL members contacts names to assist Kelly for future planning.</p> <p>Oral Health task force: The Back pack program has distributed dental care kits and education. All schools participated with this. The “Give Kids a Smile” program will be 2/5/2016. They are calling local dentist to see who will be involved and then will send out information about the 2/5/16 in school back packs. It was suggested that Jen connect with Pierce county about Give Kids a Smile. An oral health educational handout was developed with the help of a local dentist and the task</p>

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		<p>force members. The task force is just starting to connect with the schools about this educational handout being available for students and one school has requested the handouts thus far. Jen Hansen wrote a grant and obtained toothbrushes and supplies to distribute to the Saint Croix County WIC families. It was suggested that Jen and the task force connect with Pierce county WIC to see if this project could be duplicated for Pierce County WIC.</p> <p>Physical Activity TF: The “Walk to School Day “was conducted this fall. We had representation from most of the school districts. There were many activities such as Chomp from Power Up was on site, healthy snacks were served, education about pedestrian safety. Each school was given a Walk to School Day kit to help with the details for the school. There was a competition between the schools and a Trophy was given. St. Croix Central school received the Trophy this year for the largest number of participants. Each school conducted the walk in different ways. Some walked at school, some schools dropped off ½ mile from school and then the students walked to school. New Richmond and Hudson schools continue to participate in After School Activities. For the first time New Richmond after school activity didn’t have enough sign up so the fall activity was canceled. Kelly continues to be in contact to Hudson schools helping with after school activities. Teresa is involved with the bike to school and pathway coalitions.</p> <p>Healthy foods: “Healthy WI Leadership Grant” was obtained and a core group is being trained at present. Ruth Lehmann, Heather Logelin, Jean Needham, Mary Lestrud, Natasha Ward, Sarah Johnson and Kelly Monson are a few of the members. The group hopes to focus their project on food pantry’s and using the model that Power up used in the Stillwater area. They are conducting interviews with the food pantry volunteers and those who use the pantry as a focus group to gather information.</p> <p>Heather shared the details of their trainings thus far. It was suggested to have the group share details and information at</p>

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		<p>one of the future meetings.</p> <p>Heather shared about Pierce County HEAL, and that they are working on worksite wellness and Breastfeeding policy. Heather Prigge has worked with Baldwin Hospital/Clinic to address breastfeeding workplace policy.</p> <p>Oral Health: Back pack program with dental care kits and education. All schools participated on. "Give Kids a Smile" program 2/5/2016. Jen should connect with Pierce county about Give Kids a Smile. Oral Health handout developed with the help with a local dentist and some schools. WIC families in SCC received a grant.</p>
<p>4. Evaluation Discussion & Evaluation Work Group</p>	<p>Deb and Kelly shared details.</p> <p>Discussion around what the evaluation should look like, what is needed in the evaluation, do we have clear understanding of process measures.</p> <p>Discussion held on long term goals.</p>	<p>Deb and Kelly summarized the 2009-2014 evaluation and the process of developing the evaluation. It was very labor intensive but with the development of task force evaluation/work plan forms it should be much easier this time around.</p> <p>Deb suggested that each task force send a representative to the evaluation committee to help with compiling the evaluation. The work plans will be used to develop the evaluation summary.</p> <p>An example of what to measure was shared by Heather related to Pierce county placing "Signage" in a park. We should measure if the added signage helped to increase use.</p> <p>Deb and Kelly will send out an email request to the task force members related to helping with the evaluation process. They will outline the commitment for the evaluation committee for clarity.</p>
<p>5. Physical Activity Health Break</p>		<p>"My Body Lies over the Ocean" lead by Kelly.</p>
<p>6. CHNA</p> <ul style="list-style-type: none"> a. Update b. Data c. Coalition Conversation d. Going Forward 	<p>CHNA for 2016 for Pierce/SCC/ 4 hospitals and clinics.</p> <p>What does the future of our existing task force groups look like, how and when do we combine existing county task force groups.</p> <p>Natasha Ward shared data summary.</p> <p>Discussion on some of the data in our area.</p> <p>Discussion on data that is available.</p>	<p>Time line reviewed by Kelly and Deb. The first stakeholder meeting occurred this month. Over 60 people through many sectors and agencies participated. The details about the meeting were shared. The plan for these 3 stakeholders meeting is to determine the health priorities for Saint Croix And Pierce county. The HANLAN method will be used to decide the priorities in the stakeholders meetings.</p>

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		<p>Ideas and thoughts were shared about the future of task force groups, HEAL, and Healthier Together. We will have to wait and see the outcome of the stakeholders meetings for the priorities.</p> <p>Natasha Ward shared some of the data that was used for the stakeholders meeting. Natasha shared a summary of the data such as there are 9% of people in our community with food insecurity. She had shared this data with a group from Baldwin Area Medical Center and this was a surprise to them. Those in attendance shared their thoughts on some data such as: Hispanic insurance coverage done at delivery, 9 % of SCC WIC caseload are Hispanic, lack of Mental Health, MH/AODA services providers. January 7th is the last stakeholders meeting and the priorities will be determined. Kelly will put data on the HT website for all to utilize.</p>
7. Upcoming Meetings	Proposed Dates: 3 rd Thursday every other month: January 21, (2016). Change times – conflicts with Success by 6	Deb will send out an email with possible days for meetings.