

Healthier Together – Pierce & St. Croix Counties	Meeting Date : March 21st, 8:30 AM – 10:00 AM
Facilitator: Kelly Munson & Deb Lindemann	Recorder: Sharon Reyzer
Location: Hudson Hospital & Clinic (Pine & Spruce Conference Rooms)	

Topic	Information/Discussion	Conclusions/Action
1. Welcome & Introductions	Welcome conducted by Kelly Monson and Deb Lindemann. Introductions conducted.	Welcome and introductions by all.
2. Updates: <ul style="list-style-type: none"> a. HEAL b. Oral Health c. Healthy Foods d. Healthy Wisconsin Leadership Institute (Food Insecurity) e. Physical Activity f. Community Opportunity Grant (Active Schools Core 4+) 	UPDATES	<p>HEAL: Healthy Eating and Active Living (HEAL) Melanie from Pierce county shared a HEAL summary: Community Opportunities grant for \$50,000. The grant will focus on promoting the schools in Saint Croix county and Pierce county to have a school staff champion and use the 4Core plus resources. This grant runs until mid-year 2017. Ellsworth participated in crossing Hwy 10 safely. There is a bike share group working in River Falls. They have purchased 4 bike racks and bikes that community members can use. The Seniors in Ellsworth are working on active living events and are recruiting more members at present. There were free cooking opportunity classes for the low income to learn about healthy cooking by a chef. The Breast feeding awareness display was at the River Falls library in August. Heather Prigge is working with Baldwin hospital and clinics to become a breast feeding friendly site. They have conducted assessments and are making changes to their new facility to be a Breastfeeding Friendly site.</p> <p>Dental: An educational flyer on oral health was developed and distributed to 5th grade classes throughout the Saint Croix County schools. The oral health task force will continue their efforts in the future but it will not be under the Healthier Together goals and objectives.</p> <p>Healthy Foods: They have four focus areas. One area was to increase Farmer Markets. There were 2 new markets developed last year, one was at Westfield’s Hospital and clinics and the other at Saint Croix County Services Center in New Richmond. Another area was to improve healthy choices at school celebrations. Hudson school district</p>

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		<p>completed an assessment and they are now working on changing and updating their wellness policy to reflect healthy eating choices. Saint Croix County Public Health/WIC program received a grant to implement FIT Families with 25 WIC families. The program works one on one with families to promote positive eating and active living to decrease obesity. This program has other goals of creating a department wellness policy, engaging community partners to reinforce the message of positive eating and active living.</p> <p>Heather Prigge is working with Baldwin hospital and clinics to become a breast feeding friendly site. They have conducted assessments and are making changes to their new facility to be a Breastfeeding Friendly site.</p> <p>Food Pantry- 5 Loaves in New Richmond received assistance from Lakeview food shelf from Minnesota to generate ideas on ways to present healthy choices when choosing items at the food shelf. This is on hold until the 5 Loaves food shelf site and administration changes are done.</p> <p>Heather Logelin shared about the Healthy Wisconsin Leadership Initiative that she and 6 other community partners are participating in. This initiative is sponsored by UW Madison and WI Leadership Institute. The goal is to Strengthen leadership capacity to improve community partnerships. It is a one year program and a team of 7-8 community members can apply. The members have to commit to attending three full days of workshops and that you will complete a project. Initially the groups focus was going to be to conduct a food shelf makeover modeling after the food shelf in Minnesota.</p> <p>After attending the leadership sessions it was called to the teams attention that they had not the members that use the food shelf and the food shelf staff their thoughts on this project. So they went back and talked with clients and the staff at the food shelves. The focus for the group will be food insecurity. The group is developing a work plan and that should be complete in the next three months. The hope is this plan and project will support the future goals of the Obesity priority. The group is working with a professional film</p>

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		<p>maker at present. The video they are making will help raise awareness about food insecurity as an issue in our region. This video will be available to use with our partners in the community to raise awareness on the issue. The Healthy Wisconsin Leadership Institute has past video's developed for reference. http://www.hwli.org/video-stories</p> <p>Melanie and Patty Draxler shared details on initiatives conducted in Polk county under the title of "Hungry Turtle" Initiatives with the Family Resource center and parents working with a chef teaching parents about healthy cooking. Another initiative was working with local farmers and produce shares.</p> <p>Physical activity group: Kelly shared about the after school physical activity night in Hudson. UWRF students volunteered to lead and engage the kids and parents. Saint Croix Central schools along with Woodville school also have activities that are well attended. They have around 45 children that attend the activities. Natasha shared that they have request from Saint Croix Central to be involved with their summer program this year. New Richmond schools are not having as many sign up for the program at present. Glenwood City school district is now involved with the Core 4 plus activities. The Core 4 plus program requests that each school involved implement 2 objectives from the Core 4 plus program. Kelly shared slides with data on students and physical activity. 5 different schools from each county are participating in the Core 4 Plus program. These schools will share what 2 objectives they have chosen to work on from the Core 4 plus program by 3/25/16.</p>
3. Health Break		Swimming strokes done by all.
4. CHNA <ul style="list-style-type: none"> a. Update b. Community Focus Groups c. Community Health Dialogues d. Timeline 		Now and future of CHA and CHIP. Deb shared the history of the 2 counties and four hospital CHA and CHIP merger. There was a core working committee that has developed the stakeholder group sessions and is now working on the focus groups and community input meetings. There was 3 stakeholders meeting held in November 2015 through January 2016. The stakeholder

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		<p>group reviewed the data and identified 15 Health Priorities and that was narrowed down to 3 priorities. Those priorities are:</p> <ul style="list-style-type: none"> Mental Health Alcohol abuse Overweight and obesity. <p>There have been several focus groups held in both counties. Some of the focus groups have been with Hispanic families, youth, at senior sites, at Grace Place with the homeless, Disability group, and at a local food pantry. Flyer passed around for the Community Dialogue Sessions. Community Health Dialogue session are planned for 3/31/16 at the First Lutheran church in New Richmond. On 4/7/16 the sessions will be held at the First Congregational Church in River Falls.</p> <p>All are to share with their families, partners, clients to join us at these events so we may discussed the priorities and obtain input on what goals and objectives should focus on these priorities. Discussion on how to share the information on promoting these events.</p> <p>Kelly shared that if the HT members have ideas on what focus areas we should work on under these 3 priorities then let us know and join us at these upcoming community meetings. Peter shared about NOAMI group and will share the information about the community meetings. Discussed strategies on promotion such as announce at churches, AA clubs, etc. Hospital and clinic staff to share with their clients.</p> <p>Time line going forward: Kelly shared a time as Healthier Together goes forward for this year with the new CHA and CHIP. Discussion was held on the future plan and how this looks moving forward. Ideas were generated on supporting those that are working on goals already and support new members who will be involved with the future goals.</p>
5. Healthier Together Website		<p>www.healthiertogetherstcroix.org is the link to the HT</p>

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and URL		website. We need to update the website link to match the new HT Saint Croix/Pierce counties. Kelly shared several ideas of what the new URL could look like to incorporate the joint efforts. Kelly will send the 3 possible URL's for the website to members for a vote. Rebecca shared that she will ask her IT source about what URL would work best.
6. Upcoming Meetings		The next meeting will be in 2 months. Deb and Kelly will send out the notice and agenda.