

Healthier Together – Pierce & St. Croix Counties	Meeting Date : September 17, 2015, 9 AM – 10:30 AM
Facilitator: Deb L	Recorder: Heather Prigge
Location: St. Croix County Services Center	

Topic	Information/Discussion	Conclusions/Action
1. Welcome & Introductions	See attendance sign in sheet	
2. Dementia Friendly Communities – Nancy Abrahamson	<p>Slides and handouts shared. See attachment of her presentation. Highlights are included here in the minutes.</p> <p>Nancy is involved with a grant that supports multilevel educational sessions: Goal is to start the culture shift regarding dementia and community support.</p> <p>Five areas of redesign for Dementia Friendly Communities (State Plan):</p> <ol style="list-style-type: none"> 1. Community awareness and services 2. Facility based long term care 3. Crisis Systems (emergency situations) 4. Dementia care guiding principles and training (Online options are becoming available) 5. Research and data collection (WI Alzheimer’s Institute: starting some longitudinal studies) <p>Only 20% of those with dementia will be institutionalized, others are living in our communities: the need is there.</p> <p>A few Highlights Include:</p> <p>Business Training: 20-30 minutes:</p> <p>LEEPS Program: in developmental process (Language Enriched Exercise Program).</p> <p>Nancy is recruiting volunteers to get these going.</p> <p>Dementia Conversations: Alzheimer’s Association will be doing presentations.</p> <p>Memory Screens: Four SCC staff can do these.</p> <p>Alive Inside Movie Screenings: Impact of Music</p> <p>Three Caregiver Support Groups in action in SCC-NR, RF, Hudson</p> <p>Caregiver Education/Conference</p> <p>Baldwin Area Medical Center is working on developing a Dementia Screening Clinic.</p>	<p>Remember Me Project: 10 communities in SCC Valley are offering Plays that share</p> <p>New County LTCF will have a Crisis Unit for those with Dementia. (First in the State)</p> <p>Longitudinal Study is looking for research participants....Check with Nancy for more information.</p> <p>Four Memory Cafés have been developed in the county. (Particularly important for early onset dementia (40-50s) as they are more isolated from their typical peer group. River Falls (last Tuesday of every month), YMCA in Hudson, First Thursday of the month, The Center in NR, and Baldwin-Peace Lutheran. Nancy has Fliers. (There are two volunteer facilitators at each one.)</p> <p>Several handouts are attached to the minutes for member review.</p>
6. Task Force Updates	<p>Physical Activity: Teresa shared that the County wide: Walk to School Day is well underway. School districts will be competing against each other (percentage of students involved). Toolkits have been developed and shared. October 7th?</p> <p>This has strengthened the connections with all the schools, which will be helpful with the Community Opportunity Grant which is about implementing Core4+ elements.</p>	

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	<p>Coordinator for this program is Michelle Lipps. Her contract is pending-but start date will hopefully be in October.</p> <p>SCC does have a Bicycle and Pedestrian Plan: The related Task Force, that stemmed from a planning grant, is holding Community Meetings: New Richmond: Tuesday September 27th and September 23 (Roberts) These community meetings are to gather public input and learn more. All are encouraged to attend.</p> <p>Oral Health: No meeting last two months NR had 70 oral health kits last year, want 100 if available this year. Menomonie Dental Center has increased access (more dentists and increased hours). There is a new provider from Houlton who is accepting MA and has two different sites.</p> <p>Healthy Foods: Ruth shared about the new grant: August 3rd we received word that our application was accepted. The group will be working with the food pantries and volunteers to offer healthy foods. Goal at least one food pantry in each county to be involved. The focus of the grant is leadership and team building training and will be using new skills with the food pantry project. Site Visit end of September with first Retreat in October. Breastfeeding Friendly Worksites: BAMC is involved and making progress. Heather has engaged partners in the SCC Breastfeeding Coalition again and monthly meetings are the goal.</p>	
7. Health Break	New Display Board previewed. Will be able to get a new one as plans continue to merge together between the two counties.	
8. Healthier Together Pierce & St. Croix Counties: Transition plan and Timeline	<p>Timeline handed out: showing the transition process and where lead agencies are at in the process.</p> <p>Deb will send to the Hudson YMCA. Would like more public input vs contacts with organizations. Pierce sent to Senior Dining and the Jail for inmates as well.</p>	<p>All are encouraged to do the survey. About 650 have been completed so far. (just electronically so far) Paper surveys have been shared with certain populations. Initial deadline was the 15th, but it has been extended.</p> <p>Data packets will be put together, and then there will be stakeholder meetings for data review.</p>
9. Upcoming Meetings	Proposed Dates: 3 rd Thursday every other month: Nov. 19; & January 21, (2016)	Locations rotate between Hudson and NR at this point.